

Village Green

care-based villages by Greengate

St Patrick's Green

Nothing says “welcome” like a cake by Nelson

The first few months of village life at St Patrick's Green, Kogarah have been an absolute blast. It's been great watching our retirement residents (or “pioneers” as they've dubbed themselves) settle into the village and create a great community in such a short time. Morning teas in the café are a popular event. Not only are our residents enjoying the amazing meals created by Chef Nelson, but they've also used the time to support one another with the transition into life at St Patrick's Green.

The Open Day on 10 February was very successful. We saw around 300 people join us to celebrate the opening of Greengate's third and largest village – a big thank you to everyone who attended. The village was absolutely buzzing, with many of our guests choosing to take a tour of the Aged Care home and our display apartments. We were overwhelmed with all of the positive feedback we received on the day, and

are glad to be welcoming some new residents into the St Patrick's Green community as a result.

All of the walking around and taking in the stunning community areas at St Patrick's Green is enough to work up anyone's appetite. Luckily Nelson and his kitchen brigade were on deck cooking up a fantastic barbeque for everyone to enjoy, along with a delicious high tea. Who cares about calories when the cakes taste that good!

If you were unable to make it to the Open Day, or still haven't visited to take a look at our Aged Care home or display apartments, now is the perfect time to book a private tour or attend an upcoming event. Call us today on **02 9097 9175** or email stpatricksgreen@greengate.com.au

Greengate

Greengate Care Pty Ltd ABN 12 134 367 927



St Patrick's Green
KOGARAH

02 9097 9175
40 Chapel Street
Kogarah NSW 2217



St Luke's Green
WOOLLOONGABBA

07 3129 9075
43-46 Taylor Street
Woolloongabba QLD 4102



St Brigid's Green
MAROUBRA

02 8097 1775
220-230 Maroubra Road
Maroubra NSW 2035

St Patrick's Green

Synergy House opens its doors

The Boutique Aged Care Home at St Patrick's Green opened its doors on 12 February. For a month beforehand, our Care Team had been excitedly preparing for the opening with numerous training days and discussions. When our first residents moved in, the Care Team put their skills to good use straight away in order to make our residents feel welcome from the minute they arrived.

Our carefully selected Team have a relationship-centred approach to care. Here at Greengate, we strive to enrich the lives of each of our residents and we believe the best way to do that is to build strong and respectful relationships. We encourage this connection



not just between our residents, but also with the families of residents and our team of village staff.

St Patrick's Green is home to Synergy House: a part of the village specifically designed to support our residents living with dementia. The innovative care provided in Synergy House is complemented by the 1950's style home located in its centre, complete with living room, patio, kitchen and laundry. Synergy House is all about living life the way you choose to.

If you'd like to discuss aged care for yourself or a loved one, call our team today on 02 9097 9175 or email stpatricksgreen@greengate.com.au

Apartments for sale – St Patrick's Green, Kogarah



2 Bedroom 2 Bathroom + Study

This spacious apartment features plenty of natural light and built in storage. Sit back on the large private balcony and enjoy the vista which spans from the city skyline and across Botany Bay.

Contact our team on 02 9097 9175 or email stpatricksgreen@greengate.com.au. We are open Monday–Friday and select Saturdays. Call to book your apartment now.



Compact 2 Bedroom 1 Bathroom

One of our most versatile apartments featuring high quality finishes and open plan living. The balcony is able to be enclosed, making it a waterproof extension of your indoor space.

St Luke's Green

A resident's perspective

Speaking with Jeff & Gayle Thomsett, Phil & Arnold Van Brunschot, and Kay Lane.

Recently we sat down with some of our residents over morning tea in the St Luke's Green café. It's been nearly a year since the village opened, so we decided to ask this lively group about some of their experiences from the past year.

Over the holidays, many of the residents got involved in preparing the village for the festive season. Our resident elves helped with setting up the Christmas trees, decorating the community centre and organising the Christmas carols so they'd play throughout the day. We had a wonderful Christmas dinner with the whole village in the dining room, which was followed by a night of carols in the church with the Brothers James Singers. Gayle said 'the atmosphere was really nice, everyone was happy and made an effort on the night.'

Phil agreed, adding 'because our family were all away out of Brisbane coupled with Arnold recently being quite ill, we decided to order our Christmas dinner to our unit. It was really lovely, it arrived with beautiful Christmas serviettes and crackers - they really went to a big effort! We had turkey, cranberry sauce, baked veggies, and beautiful plum puddings. In fact, the puddings were so big we had half each on Christmas night and the other halves the next day.' When asked about their decision to move to St Luke's Green, Arnold and Phil said 'we definitely made the right decision at the right time.'

One of Gayle's favourite aspects of St Luke's Green is that 'you have a real chance to get to know everybody.'



This rang true for Kay, who said 'there is a real sense of community here, that is what drew me here. Other villages I went to, there wasn't the same feeling. I think being a small village really makes the difference.'

'If someone is ill, there is always support offered. When Arnold ended up in hospital last year, I was going back to visit him at the Mater by bus. When I came back through the reception area as I was leaving, Paula (from our Resident Services Team) sang out, "Phil just hang on a minute," then Paul (the Village Manager) came out and said "No you're not going by bus!" and dropped me back to the Mater. Now that was really way above and beyond his role' said Phil.

The good vibes have rolled on into the New Year as well, with Kay telling us 'for Australia day we had a wonderful community barbeque and found out three of our residents here are descendants of first fleeters! It was so much fun, we decided to have another impromptu barbeque the next day.'

Meet the Team



Sally, Director of Care and Clinical Services

We would like to welcome Sally to the team at St Luke's Green. Sally comes to us with extensive managerial experience in the aged care industry and has a background in nursing education. In her spare time, Sally loves to go on bike rides with her grandson and hits the gym regularly throughout the week. The Queensland team have embraced Sally - her vibrant and bubbly personality makes her the perfect fit!

St Brigid's Green

Aussie Aussie Aussie

Living so close to the beach in Maroubra makes you appreciate how great it is to be an Australian in 2018. It's no wonder the residents of St Brigid's Green decided to come together with the residents of a neighbouring village to celebrate Australia Day.

The party was held on the Village Green which was decked out with tables, chairs and a marquee. A big thank you to our residents who helped to organise the event and put together a great selection of music, it made the day all the more special. We are lucky to live in such a beautiful country and to have such wonderful residents.



TGIF – time for wine

Every Friday, our Aged Care Home hosts the “Thank God It’s Friday” Happy Hour. Our residents and guests enjoy some nibbles accompanied with of course a tipples, whilst listening to the musical stylings of various live performers. If you visit the home on a Friday, be sure to track down the party.

Another fun year ahead

St Brigid's Green, as you probably already know, love hosting big events! We are busy planning for the year ahead to make sure it's packed full of great community events for our residents and guests. The thing we are most excited about is the next Opera on the Green which we are already planning for November. Here is just a snapshot of some of the things we will be celebrating over the next few months, but stay tuned because there will be plenty more to come.

Kidney Awareness Week	5 March – 11 March
Good Friday	30 March
Easter Sunday	1 April
NSW Seniors Week	4 April – 15 April
Anzac Day	25 April

Find your zen

We understand that wellness means not just a healthy body, but also a healthy mind. That's why our Aged Care Home takes a holistic approach to caring for our residents through a variety of wellness activities. Lately our residents have been enjoying the calming effects of Yoga and Meditation classes – there is something so freeing about slowing your mind and focussing only on your breathing. Our lifestyle programme also caters to those who like to be a bit more active with Tai Chi classes and Zumba for those who like to shake it.





Apartments for sale

St Brigid's Green, Maroubra

The St Brigid's Green Retirement Village will have a couple of apartments for sale in the coming months. Each of our apartments feature plenty of natural light, open plan living and a private balcony. Please call Megan Parnaby on 0458 032 728 to register your interest.



Meet our Experts

Daz, Director of Dementia Excellence



Daz is a mentor, innovator and leader with over 28 years' experience in improving the quality of life of those living with Dementia in residential aged care and in the

community. He has extensive experience as a teacher through NSW TAFE and is a speaker in the field of leisure, lifestyle and wellbeing. He has led culture change across organisations by embracing a relationship-centred approach. Daz has actively developed community residential programs and has achieved recognition in the Accreditation process, as well as acknowledgement for his high level of activity planning and implementation in regards to people living with Dementia.

Judy, Director of Clinical Excellence

Judy is part of the Greengate governance team and oversees the clinical care across all of our Villages. Judy has extensive knowledge and experience in clinical, compliance, governance and education within both the acute and residential care sectors. With a focus on person-centred care, Judy strives for excellence across all services. Her goal is to ensure every Greengate resident receives care services that promote high standards of comfort, well-being and quality of life through engaging with residents, their representatives, families and visitors.

Pam, Director of Pastoral Care



Pam has a long-standing background in aged care with a particular focus on pastoral care. She believes that pastoral care needs to be holistic, inclusive, welcoming and

encouraging to all. Pam is here to support and enrich the lives of our residents, their relatives and our staff.



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